### Assembly Roster
This week’s assembly will be hosted by 3C.
Assembly commences at 2.30pm

### Important Dates

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>22nd October</td>
<td>4T &amp; 4/5RP Glenrock Excursion</td>
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<tr>
<td>26th Oct-6th Nov</td>
<td>Year 2 Swim School</td>
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<tr>
<td>27th October</td>
<td>Opera House Choir</td>
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<td>29th October</td>
<td>2/3D, 2/3T &amp; 3C Sydney Excursion</td>
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<tr>
<td>5th November</td>
<td>Grandparents Picnic Lunch</td>
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<td>12th November</td>
<td>Digital Media Festival</td>
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<tr>
<td>8th December</td>
<td>Celebration Day</td>
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<tr>
<td>10th December</td>
<td>Year 6 Farewell</td>
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<tr>
<td>11th December</td>
<td>Reports to parents</td>
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</tbody>
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### Absences from School
It is a legal requirement that all student absences are explained. Schools follow the Department of Education Policy where it states that parents are required to explain the absences of their children from school promptly and within seven days to the school. An explanation for absence must be provided to the school within 7 days of the first day of any period of absence. This is the reason that letters asking for absences to be explained are sent home after 7 days if there is no explanation of absences. If letters are not returned then a staff member will contact parents by phone. If the reasons for the absence are unjustified then the Home School Liaison Officer will make contact with parents.

### Bikes in School
Students are reminded to walk their bikes to and from the school gate. They should not be ridden in the school grounds.

### Swim School
Swim school for year 2 students commences next week. Thank you to the parents who have returned notes. Students not attending swim school will attend school as normal.

### Kindergarten Orientation
The second orientation is tomorrow, **Wednesday 21st October between 10.00am and 11.00am** in the kindergarten rooms. If you have not had an interview to confirm enrolment please contact the office as soon as possible.

### School Musical
Tickets are now available. Please go to our website and look for the link. Tickets are $15 each. Children aged 0 - 4 can sit on parent’s laps for the performance and do not require an additional ticket. Prams, food and drinks are not allowed in the theatre. Students will receive information of when they need to be dropped off closer to the event. Please note that this venue was the largest available to us with the facilities needed to hold such an event (large stage area, safe holding rooms for students, effective lightening and sound, and so on).

### Digital Media Festival
Tickets are available through the school. Please check the flyer for details.

### School Musical – Parent helpers needed
If any parents can help with sewing for the School Musical could they please contact Ms Riley (2R) ASAP, Thank you.

### Aboriginal Recognition Ceremony

### Library News
**Borrowing**
The library has a great selection of new books for students to borrow this term. Term 4 is always a busy time for the library and we will be beginning our annual stocktake in a few weeks. For that reason, student borrowing will finish in Week 5 (the week ending Friday, November 6). So I would love to see students borrowing lots of books until then! If your child has overdue loans please ensure that they are returned to the library promptly.

**Happy reading**
Mrs Troup
P&C News
**Bunnings BBQ Sunday 15th November**
If you have 1 hour to assist at our MWDS P&D fundraising BBQ at Bunnings Kotara on the 15th November please email us at maywestpc@live.com.au.

**Christmas Toy Catalogue Fundraiser** Orders are due back to Educational Experience by the 27th November, either by post or email to ensure delivery to your door in time for Christmas. For every purchase MWDS will earn 20% in learning resource vouchers!

**P&C Meeting - Wednesday 21 October 2015**
The P&C meet tomorrow night at 7pm in the staff room. Agenda items this month include:
- WEMOOSH playground equipment funding request
- Kinder orientation sessions
- Fundraising organisation and coordination

Canteen News
**Wednesday 21st October** Kristy, Jess, Nat
**Thursday 22nd October** Sarah
**Friday 23rd October** Mandie, Sarah (recess)
**Monday 26th October** Gayle
**Tuesday 27th October** Jane

Community Notices

**Mayfield Scout Group - Open Day**
Mayfield Scout Group Community day
- Market Stalls
- Free tea & coffee
- Food, drink & bbq
- Scout rope bridge
- Live performances

**24 October 2015 9am – 2pm**
Ida Street Mayfield
All scouts leaders, youth & parents are welcome. Come along for some fun and show Mayfield how awesome the scouting movement is as we already know it is.

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School Banking Day Reminder.
Don’t forget that Thursday is School Banking Day and Students should bring in their weekly deposit.

For every deposit made at school, no matter how big or small, students will receive a cool bulldoggy token. Once students have individually collected 10 tokens they can redeem them for an exclusive School Banking reward item in recognition of their continued savings behaviour.

Thank you for supporting our School Banking program here at Mayfield West Demonstration School.

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ndis National Disability Insurance Scheme

What is the National Disability Insurance Scheme?
The National Disability Insurance Scheme (NDIS) is a new way of providing individualised support for people with a disability who have a permanent or developmental delay that affects their ability to take part in everyday activities.

If you live in Malland, Newcastle or Lake Macquarie and are under 65 you may be eligible to access the NDIS.

Visit us
Find out how the NDIS might assist you, your family member or friend by visiting our information stands between 9.30 and 4pm at:

- **Rutherford Marketplace**
  26th October, 18th November & 9th December

- **Lake Macquarie Fair**
  4th November, 25th November & 19th December

- **Morisset Square**
  11th November & 2nd December

- **Bonnells Bay Shopping Centre**
  9th November & 1st December


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WALLABIES JUNIORS RUGBY

**Want to play the game the WALLABIES play?**
**Want to have fun and make some new friends?**
**Want to learn some new skills?**
**Want to be part of a family friendly club?**

**THEN PLAY RUGBY WITH THE HAWKS!**

REGISTER YOUR INTEREST FOR THE 2016 SEASON

Players aged 5 to 18 all welcome

<table>
<thead>
<tr>
<th>Under 7’s to 10’s</th>
<th>Under 11’s to 14’s</th>
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<tbody>
<tr>
<td>Walla Rugby</td>
<td>Mini Rugby</td>
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<tr>
<td>2 handed touch rugby (no Tackle)</td>
<td>Tackle Rugby</td>
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<tr>
<td>12 players per team.</td>
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</tr>
<tr>
<td>Non Contacted scrums and lineouts.</td>
<td>Non Contacted scrums and lineouts.</td>
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</tbody>
</table>

For more details, contact
Lee ph: 0400 409997
Gerry 0409 419 917
Email: bluesting2@ihoose.com.au
Check out our [Facebook](https://www.facebook.com)

Proudly supported by the Hamilton Rugby Club and the Hamilton Old Boys.
ARE YOU A DAD? ARE YOUR KIDS IN PRIMARY SCHOOL?

Register your interest now to be involved in an international award winning healthy lifestyle program in 2016!

“I cannot recommend this program enough.”

“Healthy Dads, Healthy Kids made me a better father.”

“The four of my kids and I had smiles and sore abs. The abs were from laughing so much!”

What does ‘Healthy Dads, Healthy Kids’ involve?

- 9 x 90 minute face-to-face weekly sessions delivered by expert facilitators for dads and kids consisting of:
  - 5 x dads and kids information sessions (30 mins) and physical activity sessions (60mins)
  - 2 x weight maintenance, healthy eating and physical activity information sessions for dads-only (90 mins)
  - 2 x dads, mums and kids information sessions (50 mins) and physical activity sessions (30 mins)

What will you get out of ‘Healthy Dads, Healthy Kids’?

- Dads learn how to manage their weight without having to give up the foods and drinks they love
- HDHK will provide dads with parenting secrets to getting kids physically active, reducing kids screen time and improving their self-esteem and confidence
- Dads and kids will spend quality time together participating in fun rough and tumble games, health-related fitness and sports skills activities

What our research has shown the program improves:

Dads have achieved:
- health improvements of weight loss, reduced waist circumference and blood pressure
- increased physical activity
- improved parenting skills
- improved diet
- improved relationships with their children and family quality of life

Kids have achieved:
- a healthier weight
- increased physical activity and fitness
- improved educational outcomes
- improved sports skills
- improved social and emotional well-being

DADS OR ANY MALE ROLE MODEL OF PRIMARY SCHOOL KIDS
REGISTER YOUR INTEREST NOW
Email: healthydads@newcastle.edu.au
or call The University of Newcastle team on (02) 4913 8759 if you have any questions.
There is no cost to families who participate in the ‘Healthy Dads, Healthy Kids’ program.
Premiering Short Films from
18 CALLAGHAN schools on the BIG OUTDOOR screen. Starts at 7:40pm – 8:45pm
Written, acted, filmed and edited by students K-12
Bring a chair and indulge in the many offerings that will be available and support our local community of schools.
Callaghan College Waratah Campus
Turton Rd Waratah
THURSDAY 12th NOVEMBER
5pm – 9pm

GLENDORE PS  HAMILTON NORTH PS  HEATON PS  ISLINGTON PS
JESMOND PS  MARYLAND PS  MAYFIELD EAST PS  MAYFIELD WEST PS
MINI Ps  PLATTSBURGH PS  SHORTLAND PS  TIGRES HILL PS
WALLSEND PS  WARRATAH PS  WARRATAH WEST PS
CG JESMOND CAMPUS  CG WARATAH CAMPUS  CG WALLSEND CAMPUS

SCHOOL PERFORMANCE 2PM – 7PM
THE MARCHING KOALAS 7PM
Coffee Ice Cream Nachos Soft Drinks
Dameen Paoke Playing CornCobs Show
bugh Fairy Wagg Carpenters Sausage Sizzle
Sparkle Glow Lights Popcorn Temporary
Tattoos Puppets and much more...
Lucky Door Prizes!!

2015 CEP OUTDOOR DIGITAL MEDIA FESTIVAL

TICKETS ARE AVAILABLE AT ANY PARTICIPATING SCHOOL
$5 Per Person
$10 Family
Gates Open 6pm Turton Rd at 6:30pm

Mayfield West Demonstration School presents...
IMAGINATION

Date: Thursday 19th November
Time: 6.00pm - 7.30pm
Tickets: $15 each

Venue: St Philip's Christian College Theatre
Corner Station and Harriet Streets, Waratah
Tickets on sale on our webpage Monday 19th October 8:00am